

ACTIVITY HANDOUT: PROMOTING DISABILITY-INCLUSIVE ATTITUDES

[MODULE 1: Understanding Disability and Inclusion]

For each type of negative attitude, come up with a more disability-inclusive statement that a health worker can say instead.

Negative attitudes	Disability-inclusive attitudes
<p>1. Inferiority: Believing people with disability are inferior because of their impairment.</p> <p><i>"We usually see the mothers with disability after we have seen all of the other patients because if they miss out on an appointment it doesn't matter as much for them."</i></p>	Statement:
<p>2. Fear and avoidance: Avoiding a person with disability because of fear of saying or doing the "wrong" thing.</p> <p><i>"When a mother who is deaf or hard of hearing comes to the MAMI clinic, I leave her to be seen by the other staff. I don't know sign language and I am worried I won't be able to communicate with her."</i></p>	Statement:
<p>3. Stereotyping: Assuming what people with disabilities need or do not need</p> <p><i>"No need for a screening. Refer this mother with disability to specialized services because she most likely struggles with feeding her infant."</i></p>	Statement:
<p>4. Denial: Not believing a person with disability or recognizing the impact of the impairment or denying reasonable accommodation where needed.</p> <p><i>"This mother says she has a disability, but she looks the same as everyone else to me. Why should I spend longer counseling her?"</i></p>	Statement:
<p>5. Pity: Feeling sorry for a person with disability, leading to patronizing behavior</p> <p><i>"When I see infants with disabilities at the MAMI clinic, I feel sorry for their mothers. I talk to them about how hard it must be for them."</i></p>	Statement:



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