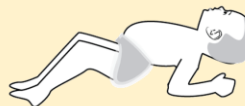



HANDOUT: INFANT FEEDING DIFFICULTIES CHECKLIST

[MODULE 3: Feeding Difficulties in Infants with Disabilities]

Before Feeding						
Alertness:	Quiet, alert	Active, alert	Crying	Drowsy		
Muscle tone:	No concerns		High tone 	Low tone 		
Non-feeding suck:	Coordinated, rhythmic	Weak	Biting/munching	Absent	Change in breathing, heart rate, or signs of stress	
During Feeding						
Latch						
Wide, deep latch	Complete seal	Maintains latch throughout feeding	Shallow latch	Poor lip closure	Frequent loss of latch	
Notes:						
Sucking						
Well-coordinated	Rhythmic	Disorganized	Weak	Long pauses	Poor endurance	Wide-open jaw movement
Notes:						
Swallowing						
Signs of aspiration:					Change in breathing, heart rate, or signs of stress	
After Feeding						
State:	Calm	Satisfied	More tired than expected	Crying/fussy	Other:	
Signs of discomfort:	Agitated	Vomiting	Pain	Other:		

Color Key:

Feeding is going well	Signs of possible difficulties	Red flag, consider referral
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