

## ACTIVITY HANDOUT: MOTHERS WITH DISABILITIES SCENARIO CARDS

[MODULE 5: Supporting Mothers with Disabilities and Mothers of Infants with Disabilities]



### SCENARIO CARD 1

The mother's disability: **blind or partially sighted**

The mother feels anxious, tired, and stressed.

*Counseling  
cards:  
C1, C2, C6, C7*



### SCENARIO CARD 2

The mother's disability: **deaf or hard of hearing**

The mother needs to schedule her infant's next MAMI appointment.



### SCENARIO CARD 3

The mother's disability: **intellectual (difficulty concentrating)**

The mother wants to discuss feeding and sleep routines for her twin infants.

*Counseling  
cards: A19, C5*



### SCENARIO CARD 4

The mother's disability: **intellectual (difficulty remembering)**

The mother needs to understand how to give her infant prescribed medication.



### SCENARIO CARD 5

The mother's disability: **deaf or hard of hearing**

The mother needs help understanding her infant's hunger cues.

*Counseling  
cards: A4*

✂ -----

### SCENARIO CARD 6

*Counseling  
cards: A24*

The mother's disability: **blind or partially sighted**

The mother needs instructions on how to give her infant breast milk in a cup.

✂ -----

### SCENARIO CARD 7

*Counseling  
cards: A8, C4,  
C5*

The mother's disability: **intellectual (difficulty thinking)**

The mother is struggling to calm her infant who is crying a lot and not sleeping.

✂ -----

### SCENARIO CARD 8

*Counseling  
cards: C8*

The mother's disability: **deaf or hard of hearing**

The mother is curious about when and how to introduce solid foods to her infant.

✂ -----

### SCENARIO CARD 9

*Counseling  
cards: C9, C10*

The mother's disability: **blind or partially sighted**

The mother wants to track her infant's developmental milestones.

✂ -----

### SCENARIO CARD 10

*Counseling  
cards: A18*

The mother's disability: **intellectual (difficulty remembering)**

The mother needs advice on what to eat while breastfeeding.