

# DISABILITY-INCLUSIVE MAMI TRAINING FOR HEALTH WORKERS

## Pre/Post-Test

Name or Number: \_\_\_\_\_

☐ Before training (pre-test)

☐ After training (post-test)

	Question	Answer
1.	<p><i>Mark one</i></p> <p>What type of barrier does this statement indicate? <i>"I don't need to understand about disability. We are not a disability health service."</i></p>	<p><input type="checkbox"/> Financial barrier</p> <p><input type="checkbox"/> Physical barrier</p> <p><input type="checkbox"/> Attitudinal barrier</p> <p><input type="checkbox"/> Communication barrier</p>
2.	<p><i>Mark all that apply</i></p> <p>Which of the following could be a reason that an infant has a feeding difficulty?</p>	<p><input type="checkbox"/> Poor nutrition</p> <p><input type="checkbox"/> Immature feeding skills</p> <p><input type="checkbox"/> Lack of responsive feeding practices</p> <p><input type="checkbox"/> Delayed development</p> <p><input type="checkbox"/> Health conditions</p>
3.	<p><i>Mark all that apply</i></p> <p>What disabilities may start <u>after</u> birth in infants?</p>	<p><input type="checkbox"/> Cerebral palsy</p> <p><input type="checkbox"/> Hydrocephalus</p> <p><input type="checkbox"/> Down syndrome</p> <p><input type="checkbox"/> Poliomyelitis</p> <p><input type="checkbox"/> Cleft lip and palate</p> <p><input type="checkbox"/> Tongue tie</p> <p><input type="checkbox"/> Spina bifida</p>
4.	Define disability in 1-2 sentences.	
5.	List <u>three</u> signs of aspiration.	
6.	<p><i>Mark one</i></p> <p>What is most important to focus on when caring for infants with disabilities?</p>	<p><input type="checkbox"/> Diagnosing the specific condition early</p> <p><input type="checkbox"/> The infant's functional abilities, like feeding well</p> <p><input type="checkbox"/> Providing specialized medical treatments</p> <p><input type="checkbox"/> Promoting physical therapy from birth</p>



	Question	Answer
7.	<p><i>Mark all that apply</i></p> <p>During breastfeeding, what does a proper latch look like?</p>	<div><input type="checkbox"/> Baby has a wide, deep latch</div> <div><input type="checkbox"/> Baby’s mouth covers only the nipple</div> <div><input type="checkbox"/> Baby maintains latch throughout feeding</div> <div><input type="checkbox"/> Baby comes off the breast frequently</div> <div><input type="checkbox"/> Baby has a complete seal around the breast</div>
8.	State <u>one reason</u> for when a mother should use cup feeding.	
9.	<p><i>Mark one</i></p> <p>Select the one <u>true</u> statement about breastfeeding for infants with cleft lip/palate.</p>	<div><input type="checkbox"/> The cleft is only a cosmetic issue and does not cause any difficulties with breastfeeding</div> <div><input type="checkbox"/> Infants with cleft lip/palate may have trouble sucking and may swallow excess air when breastfeeding</div> <div><input type="checkbox"/> It is impossible for infants with cleft lip/palate to breastfeed due to the gaps in the lip/palate</div> <div><input type="checkbox"/> Infants with cleft lip/palate will only be able to breastfeed after a surgical repair is complete</div>
10.	<p><i>Mark one</i></p> <p>Select the one <u>true</u> statement about breastfeeding positions that support infants with disabilities during feeding.</p>	<div><input type="checkbox"/> All infants with disabilities benefit from the same position</div> <div><input type="checkbox"/> Using a variety of positions confuses infants with disabilities</div> <div><input type="checkbox"/> Infants with disabilities cannot have proper attachment. Feed with a cup.</div> <div><input type="checkbox"/> A mother can try a variety of positions to achieve and maintain good attachment</div>
11.	List <u>two</u> positive counselling <u>skills</u> you would use with a mother who is feeling overwhelmed?	
12.	Match each disability on the left with the strategies on the right you would use when communicating with mothers with that disability.	<div><div><div>A. Deaf or hard of hearing</div><div>B. Blind or partially sighted</div><div>C. Intellectual disability</div></div><div><div>1. Use detailed verbal descriptions and tactile aids</div><div>2. Use visual aids, gestures, and clear written instructions</div><div>3. Use simple, clear language and repetition</div></div></div>



**Save the Children**