Group Work: Existing protocols

**Instructions**

Read the scenario assigned to your group and answer these questions:

1. With the existing services & protocols, what support would the mother & infant receive in this scenario?
2. What existing guidelines or resources would you use to guide their care?

**Scenarios**

**Case Scenario A**

Sunita is a mother of a 2-month old called Vivek. Vivek has diarrhoea and his mother has brought him to see the Doctor.

The Doctor notices that Sunita seems to be finding things hard, she appears stressed and is concerned about her baby as he has not been breastfeeding well. She says he has always been ‘difficult’ to breastfeed and always falls asleep on the breast. She lets him sleep as she has two older children that she needs to look after as well.

The Doctor examines baby Vivek and finds no danger signs and all vital signs are normal including no fever, fast breathing or respiratory distress.

**Case Scenario B**

Catalina is 3 months old. Her mother, Josefina, attends a growth monitoring session in the community. Catalina is weighed and is 3.9kg. The nutrition worker tells her means she is underweight for her age (weight-for-age of -2.48 z-score), her weight-for-length z-score is >-2.0. The nutrition worker notices that Catalina was born at a low birthweight from her growth monitoring card.

The nutrition worker asks how Josefina is feeding Catalina and she reports that she is giving her only her breastmilk but that she isn’t sure that she has enough milk.

**Scenario C and D on next page..**

**Case Scenario C**

Larmina delivers her baby Hussain early at 34 weeks gestation. Hussain is born at a very low birthweight (<1500g) and requires an inpatient stay in the Newborn Intensive Care Unit.

After 4 weeks, Hussain and his mother are discharged. Larmina is exclusively breastfeeding.

**Case Scenario D**

Blessing is 6 weeks old and comes with his grandmother, Joyce, to the health clinic for his vaccination appointment. The vaccinator notices that Blessing has a runny nose and so checks his vital signs, but finds Blessing is only suffering a mild common cold and is otherwise clinically well. Blessing weight is measured and plotted on his growth monitoring card, Blessing has lost some weight since last month.

The healthworker asks Joyce where the mother is today. The grandmother explains that the mother is working and she is looking after the baby, as she does for 3 or 4 days each week.