



# MAMI FEEDING ASSESSMENT FORM

Basic Information			
Infant name (first & last name)		ID no	
		Date of assessment	____ / ____ / ____

STEP 1 Establish mode of infant feeding			
1. What and how do you feed the infant?	<input type="checkbox"/> Mother's breastmilk (directly at breast) <input type="checkbox"/> Mother's expressed breastmilk (by cup/spoon/bottle) <input type="checkbox"/> Donor human milk (by cup/spoon/bottle)	<input type="checkbox"/> Informally shared expressed breastmilk (by cup/spoon/bottle) <input type="checkbox"/> Breastfed by a woman who is not the infant's mother <input type="checkbox"/> Breastmilk substitute (by cup/spoon/bottle) <input type="checkbox"/> Breastmilk substitute (by cup/spoon/bottle) <input type="checkbox"/> Other:	
If infant not breastfed / not given breastmilk, skip to STEP 4			

STEP 2 If infant is breastfed or given breastmilk, ask Questions 2 & 3		
	SIGNS OF LOW FEEDING RISK	SIGNS OF MODERATE FEEDING RISK
2. Please tell me about any difficulties with breastfeeding:	<input type="checkbox"/> none	notes:
3. How many times is the infant breastfed or given breastmilk in 24 hours?	<input type="checkbox"/> 8+ feeds in 24h	<input type="checkbox"/> less than 8 feeds in 24h

STEP 3 If directly breastfeeding, request permission to observe breastfeeding and examine the breasts:		
Infant well-attached to breast?	<input type="checkbox"/> well-attached	<input type="checkbox"/> not well-attached
Infant suckling effectively?	<input type="checkbox"/> suckling effectively	<input type="checkbox"/> not suckling effectively
Any breast conditions (e.g., mastitis, thrush, pain)?	<input type="checkbox"/> no	<input type="checkbox"/> yes
Specify breast condition:		

STEP 4 Check if the infant receives anything other than breastmilk, ask Question 4:		
4. What other foods or drinks does the infant receive?	<input type="checkbox"/> none	<input type="checkbox"/> Water or other liquids (e.g., tea, juice) <input type="checkbox"/> Other milk (e.g., powdered or condensed milk) <input type="checkbox"/> Food <input type="checkbox"/> Other: <input type="checkbox"/> Potential feeding risk: infant formula

STEP 5 If the infant receives infant formula, ask Questions 5 – 10:		
5. What type of formula does the infant receive?		
	Appropriate formula	Inappropriate formula
6. If using powdered formula: What source of water is used?	<input type="checkbox"/> safe water (e.g., boiled)	<input type="checkbox"/> unsafe water
7. How is infant formula prepared? (e.g., number of scoops of powder per volume of water)	<input type="checkbox"/> correctly	<input type="checkbox"/> incorrectly
8. Is formula fed with a feeding bottle?	<input type="checkbox"/> no	<input type="checkbox"/> yes
9. How much formula does the infant consume at each feed (liquid)? Refer to guide below.	<input type="checkbox"/> sufficient infant formula for age	<input type="checkbox"/> insufficient infant formula for age
10. Please tell me about any difficulties with feeding:	<input type="checkbox"/> none	notes:

Feeding risk based on assessment	LOW FEEDING RISK if all signs circled in this column	MODERATE FEEDING RISK if any sign circled in this column
ACT	RETURN TO MAMI ASSESSMENT FORM AND COMPLETE ASSESSMENT	

Guide to infant formula intake per day by age						
Age of infant in months	0 – 1	1 – 2	2 – 3	3 – 4	4 – 5	5 – 6
Weight in kilograms	3	4	5	5	6	6
Amount of infant formula per day	450ml	600ml	750ml	750ml	900ml	900ml
Number of feeds per day	8	7	6	6	6	6
Size of each feed	60ml	90ml	120ml	120ml	150ml	150ml

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