

IYCF Multi-sectoral Training - Action Plan Activity

Activity Title	Action Plan Activity (Group Exercise)	Expected Duration ~ 2 ½ hour (time may vary depending on number of participants/groups)
Activity Methodologies Used	Group work, Discussion	
Activity Aim	To enable participants to make an action plan for themselves as IYCF champions to integrate IYCF in their respective sectors.	
Activity Outcomes	By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Identify key actions to implement as IYCF champions. • Identify time lines and constraints for their actions. • Identify a follow-up date for their action plans. 	
Linked modules or context/rationale in which activity is to be run	This activity should be done after the 2.5 hours training, after the role and responsibilities of IYCF champions have been covered.	



Step 4: Equip and design actions

Train multisector partners, equip champions and design action plan

Preparation	<p>For PART 1: Print the <i>Two-page briefers</i> for each sector available in the IYCF Framework Collection.</p> <p>For PART 2: Prepare five flip charts for each of the following action: <i>Action 1: Advocate for relevant stakeholders to consider IYCF</i> <i>Action 2: Mobilise resources for IYCF</i> <i>Action 3: Endorse key policies and adhere to operational standards</i> <i>Action 6: Coordinate IYCF-sensitive activities</i> <i>Action 7: Implement monitoring, evaluation, accountability, and learning</i>. Write on each flip chart the list of objectives and activities using the <i>Actions’</i> sheets in the Framework Reporting Database.</p>
Handouts used	<i>Two-page briefers</i>
Resources required:	Laptop, projector, five flip charts, marker pens/pens



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Title	Time	Activities	Methodology	Resources
Introduction	10 minutes	Present existing IYCF programming and describe the activities that were selected by public health and nutrition teams during the IYCF training (step 3 of the roll-out).	Presentation	Laptop, projector
PART 1 – focus on Action 5 of the framework <i>Action 5: Integrate IYCF with other sectors</i>				
Activity Instructions	5 minutes	Give instructions for the activity: participants will be gathered in group per sector and will identify activities to integrate IYCF in their respective sectors as IYCF champions. Each group will be given a handout with the list of the activities from <i>Two-page briefers</i> related to their sector. Participants will have thirty minutes to select 3 to 5 activities to prioritize; and include the resources needed, the timeline and the person responsible for each activity. The groups will have thirty minutes (for all) to present. Each group should nominate a person to present. Other participants will be able to give feedback during the discussion time after the presentation has been made. Each copy will be kept with the facilitator for consolidation after the session.	Instruction	Handout: <i>Key Integrated Activities</i>



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Activities selection	30 minutes	Each group use the handout to select the integrated activities, discuss resources needed, timeline and person responsible.	Group work	Handout: <i>Key Integrated Activities</i>
Presentation and Feedback	30 minutes	Ask the nominated person from each group to present their work. Ask participants to give feedback. The facilitator should give their feedback too.	Discussion	Handout: <i>Key Integrated Activities</i>
PART 1 – focus on Action 1, 2, 3, 6 and 7 of the framework <i>Gallery walk</i>				
Activity Instructions	5 minutes	Give instructions for the activity: the group will be mixed and <u>not</u> per sector. Each group will move around the room and stop at each of the five flip charts to discuss the remaining actions of the framework (actions 1, 2, 3, 6 and 7) during thirty minutes. Participants will have six minutes to select at least two objectives and five activities per action. Participants are free to add any relevant activities not listed on the flip chart. For the selected activities, the group has to include resources needed, the timeline and the person responsible. Then, in plenary, the facilitator and the participants will discuss the selected activities of each action and agree on the one to prioritize. The facilitator will keep the content for the five flip charts for consolidation.	Instruction	Five flip charts, marker pens/pens



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Gallery Walk	30 minutes	Groups move around the room and select / add activities for the actions 1, 2, 3, 6 and 7) of the framework, and discuss resources needed, timeline and person responsible. Monitor the time, so each group moves from one flip chart to the other every six minutes.	Group work	Five flip charts, marker pens/pens
Discussion	30 minutes	Discuss each action with the full group in plenary. Ensure that a minimum of 2 objectives and 5 activities are selected per action.	Discussion	Five flip charts, marker pens/pens
Wrap up and next steps	10 minutes	Ask participants for any final thoughts or comments on the actions plan created during the two parts of the session. Thank the participants for the work and explain the facilitator will share the consolidated action plan by email shortly.	Group work	

The facilitator will consolidate the action plan in the **Framework Reporting Database** (*for the Action 5 – use the rows 6 to 8 to enter the activities selected by the groups. Add rows if needed*) and share the file by email with all the participants and present it during the next coordination meeting.