

NUTRITION SUPERVISION CHECKLIST FOR REMOTE SUPPORT IN THE CONTEXT OF COVID-19

Introduction

This supervision checklist is developed to be used during the Covid -19 pandemic to provide remote support for field nutrition staff. The checklist is not as detail as the standard nutrition supervision checklist considering restriction of movements and workload during the covid-19 pandemic. The supervision checklist can be modified/adapted based on the local context.

The standard nutrition checklist (OTP/SC/TSFP/IYCF) should be used in countries where there is no covid-19 pandemic or where covid-19 pandemic is under control. In this situation there may not be a need to provide remote support as the nutrition advisor /supervisor can visit nutrition sites to provide technical support.

It is recommended to use this checklist only when there is a need for remote support

Instruction how to use the checklist

The checklist will be completed by the field nutrition staff and to be shared with supervisor/nutrition advisor who will provide remote technical support. Data can be recorded using smart phone using the kobo application whenever feasible and possible. The data can also be recorded on paper and picture of completed checklist/ scanned checklist can be shared with the nutrition advisor. The nutrition advisor with his team will decided which application is easier and feasible to use in their context. Nutrition data will be collected each month from each nutrition site and shared with supervisor/nutrition advisor (frequency of data collection may vary depending on the context). Complete the checklist for available services only (for example if SC is not available in the health facility complete the section for OTP, TSFP, IYCF and community mobilization).



Nutrition supervision checklist

Country:	Region:	District:	Name of N	Nutrition S	Site:	
	Name and position of s	upervisor:	Date of vi	sit:		
Activity				Yes/No	Comment	
		General				
Screening e	stablished at the entrances	s to nutrition sites to rec	duce transmission			
of covid-19	. Screen all visitors for a fev	ver and respiratory symp	otoms (Follow			
governmen	t guidelines and there is no	stigma and discriminat	ion for people			
with sign ar	nd symptoms of covid-19).					
People with	n sign and symptoms of cov	vid-19 referred/informed	d to go to the			
nearest co	vid-19 screening center/he	alth facility				
Visitors was	sh hands with water and so	ap for 20 seconds or cle	an hands with			
hand sanitiz	zer before entering to nutri	ition site.				
Clean surfa	ces (tables, chairs, doorkno	bs/handles, light switch	nes, beds , toilets,			
bathrooms	etc.) using soap and water	and then disinfect the s	surface using			
available di	sinfectant solutions.					
All nutrition	n staff are trained on covid-	-19 (including but not li	mited to what is			
covid-19, m	ode of transmission, sign a	ind symptoms and how	to prevent			
transmissio	n)					
All nutrition	n staff are training to prope	erly identify GBV includir	ng IPV risks,			
handle safe	disclosures and referrals.	Identify referral service	s in advance.			
Position IEC	C materials related to GBV p	prevention and response	e services at			
	reening desks and on walls					
	nformation on coping with	stress and non-violent b	pehaviors to men			
	nunity to prevent GBV.					
	otective Equipment (PPE) a	available and used as pe	r the SCI PEP			
guideline.						
-	mask (FFP3/FFP2/N95) for	aerosol generating proc	edures only			
	ant surgical masks (FRSM)					
Surgical/Me						
Eye protect	ion (face shield/goggle/gla	sses)				
Gown						
Apron						
Gloves						
	sickness policy implemente					
	dapted national guideline in		9 if available. If			
	ernational recommendation					
-	ning (with a minimum buffe	er stock of 2 months) of	essential supplies			
medicine a	nd RUTF/RUSF.					

Sex disaggregated latrines available in the site

Waste collection and disposal system in place



Activity	Yes/No	Comment
Photo of the outside of the OTP/TSFP/SC/IYCF corner/MBA. Take from 10	-	
meters away. At least one from outside and 1 from inside where applicable		
Seating /waiting area for caregivers-1 photo from 5 meters away. Ask		
permission of people before taking photos		
Photo of storage of RUTF/RUSF/Medicines		
ОТР		<u> </u>
Minimum one medical/nutrition person on site		
Staff trained on OTP/CMAM		
Number of OTP days per week increased to reduce overcrowding of		
beneficiaries (based on government guiltiness). Register the change in		
comment box (for example increased from 1 day per week to 3 days per week)		
The needed equipment, supplies and routine drugs are available at site		
RUTF/Plumpy nut		
MUAC tapes		
Weight scale		
Watch to count Respiratory rate		
Thermometer		
Amoxicillin		
Albendazole/Mebendazole		
Vitamin A		
OTP nurses started to use only MUAC and checking oedema (based on		
Government guideline if available) to reduce more exposure (when using		
height/length measurement) for covid-19.		
Availability of registration book, cards, tally sheets and reporting formats		
Registration book		
OTP cards		
Beneficiary cards		
Tally sheets		
Reporting formats		
Beneficiaries receive RUTF up to 8 weeks (depending on the adapted national		
guidance) to reduce frequent movement and covid-19 transmission		
Performance indicators (recovery rate, death rate and defaulter rate) are		
above the minimum standard indicated in the CMAM guideline.		
Recovery rate		
Death rate		
Defaulter rate		
Stabilization Center		
Minimum of 5-6 rooms (3 for admission, 1 storage of therapeutic		
food/medicine, 1 milk preparation, 1 for staff).		
At least 2 shower rooms (1 for male and 1 for female) available.		
The ward not close to other wards used for treatment of infectious diseases.		
There is good ventilation in the SC room and there should be at least 2-meter		
distance between each bed		



Activity	Yes/No	Comment
The site has a minimum of 1 SC nurse, 1 nutritionist and 1 medical doctor at any time		
(minimum of 6 nurses, 2 nutritionist, and 2 doctor per stabilization center)		
Staff trained on Inpatient management of children with SAM.		
The needed equipment, supplies and medicines are available at site		
F75		
F100		
Plumpy nut		
Resomal		
MUAC tapes		
Weight scale		
Watch to count Respiratory rate		
Thermometer		
Amoxicillin		
Albendazole/Mebendazole		
Vitamin A		
Second line drugs		
NG tube		
Availability of registration book, cards, tally sheets and reporting formats		
Registration book	-	
SC admission cards		
Tally sheets		
Reporting formats		
Performance indicators (recovery rate, death rate and defaulter rate) are above		
the minimum standard indicated in the CMAM guideline.		
Recovery rate	+	
Death rate		
Defaulter rate		
TSFP	1	
Minimum one medical/nutrition person on site		
Staff trained on TSFP/CMAM		
Number of TSFP days per week increased to reduce overcrowding of		
beneficiaries		
The needed equipment, supplies and routine drugs are available at site		
RUSF/Plumpy sup/CSB++		
MUAC tapes Weight scale		
Thermometer		
TSFP nurses started to use only MUAC and checking oedema to reduce more		
exposure (when using height/length measurement) for covid-19.	<u> </u>	
Availability of registration book, cards, tally sheets and reporting formats		
Registration book	<u> </u>	
Beneficiary cards	<u> </u>	
Tally sheets		



Reporting formats Beneficiaries receive RUSF/supplementary food up to 4 months (depending on the adapted national guidance) to reduce frequent movement and covid-19 transmission Performance indicators (recovery rate, death rate and defaulter rate) are above the minimum standard indicated in the CMAM guideline. Recovery rate Death rate		
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Recovery rate Death rate		
Death rate		
Defeuter rete		
Defaulter rate		
Infant and Young Child Feeding		
Minimum 2 staff who trained on IYCF counselling available.		
Adequate space for the IYCF corner or a MBA including waiting area.		
Private space/room available for individual counselling		
Availability of registration book, booklets, tally sheets and reporting formats		
IYCF Registration book/Register		
IYCF booklet/Counselling cards		
Tally sheets		
Reporting formats		
Are Rapid and Full IYCF assessment conducted?		
Counselling conducted according to StC protocol: assess, analyze and ask?		
Counsellors uses listening and learning skills?		
IEC/SBCC materials on IYCF are visible in the center		
Are there specific IEC/SBCC materials with IYCF messages in the context of		
Covid 19 visible?		
Gathering are limited/not allowed in the context of Covid-19.		
Support group/care Group meetings are limited/not allowed in the context of		
Covid-19.		
Community Mobilization		
There are community volunteers and community volunteer supervisors under		
the catchment area of the nutrition site		
Are CVs and supervisors trained on CMAM/IYCF?		
Are the CVs and supervisors trained on Covid-19?		
Are the CVs and supervisors trained on GBV identification and referrals?		
CVs & supervisors have adequate MUAC tapes and referral slips		
CVs do active case finding, defaulter tracing and promote key message on IYCF?		
CVs refer malnourished children to nutrition sites?		
CVs refer cases of GBV & IPV to referral services?		
Disseminate messages on GBV prevention through community volunteers and		
supervisors.		
Information on covid-19		
Please add any observation/information on Covid 19 and the impacts on nutrition	on program	



Activity

Yes/No Comment